

## PROCLAMATION **GYMNASTICS DAY** AUGUST 5, 2006

WHEREAS, USA Gymnastics and its member clubs across the nation annually celebrate National Gymnastics Day to showcase the sport of gymnastics, and encourage and promote physical fitness among our youth; and

WHEREAS, gymnastics provides a great foundation for building strength, flexibility and fitness, while enhancing self-esteem and goal-setting abilities; and

WHEREAS, National Gymnastics Day seeks to promote the value of physical fitness and good nutrition for everyone, regardless of age, gender and ability level; and

WHEREAS, on this day, gymnastics clubs across the country will partner with USA Gymnastics to heighten visibility of the sport and encourage participation at the grass roots level, as well as to increase physical activity for our youth; and

WHEREAS, National Gymnastics Day aims to serve the greater community good to provide comfort and assistance to children in need by raising funds and awareness for the Children's Miracle Network; and

**WHEREAS,** it is important for all of us to encourage greatness and achievement in our young people.

**NOW, THEREFORE,** as Governor of the State of North Dakota, I do hereby proclaim August 5, 2006, **GYMNASTICS DAY** in the state of North Dakota.

/s/ John Hoeven Governor

Attest:

/s/ Alvin A. Jaeger Secretary of State